The SIX GOLDEN RULES for keeping your cat happy and safe

| 1 | When you are with a cat, always have your parent/guardian close enough to hear and see you. Listen to their instructions carefully, this will help keep you and the cat safe. |
| 2 | Leave cats alone when they:  
• Are eating or have a treat  
• Have a toy or something else they really like  
• Are sleeping  
• Are unwell, injured, or tired  
• Are blind or deaf. |
| 3 | Be kind and polite to cats.  
Treat cats with the same respect as other people – most people wouldn’t like someone pulling parts of them, so we don’t want to do this to cats.  
It can be really scary for cats to be picked up, so it’s much better to sit quietly and let them choose when they want to be close to you. |
| 4 | Play with your cat in a way they will enjoy it.  
Cats love to have fun by stalking, pouncing and chasing toys around.  
Cats need a chance to calm down after playing before they will enjoy being petted again – they may need 10 or 15 minutes by themselves after playing. |
| 5 | Along with your parent/guardian, learn the signs of an unhappy cat from the RSPCA’s ‘Understanding cat behaviour’ pages, and leave unhappy cats alone.  
If your cat looks unhappy or your parent/guardian asks you to, stay where you are and let the cat go somewhere they will feel safe and happy. |
| 6 | Before meeting a cat, ask the owner and your parent/guardian if it’s okay to say hello, and listen to how they want you to do that.  
Remember to sit quietly and let the cat approach you only if they want to. Some cats may not want to say hello, we can leave them alone to keep them happy.  
If there’s no adult owner around to ask, leave the cat alone. |

My name is ____________________________

and I pledge to be kind to cats by following the six golden rules.

TOP TIP

We all need a break sometimes, give your cat a cosy spot in a quiet room where they can have their own space, preferably up high where they can feel secure. Everyone can then leave the cat alone when they’re in their private spot.